

BUDDING INDIAN SWIMMER

Name: Shlok Rahul Pandav

Age: 10 Year 4 months

Date of Birth: 21-01-2014

Place of Birth: Kolhapur

Educational Institutes Attended: Shrimant Maisaheb bavadekar Academy Kolhapur

Educational Qualification: 5th standard

Introduction to Swimming:

First Coach: Mr. Neelkanth Akhade

Your current coach: Bhakti Patil

Your favorite International swimmer (if any & why): Michael Phillips

Your main swimming event : Free Style

Major Achievements:

Lokraja Rajashri Shahu Maharaj Jayanti Lokustav Samiti Kolhapur ALL 50 and 100 M Strokes 8 Gold and General Championship 2022, 4TH mpfi Laser run open national Championship Laser Run 2021 1st Place, Shree Durgamata kala Krida and Sanskrutik Mandal Vijaydurg 30 KM in (9hr 00m, 14S) 2022, Oceanman Asian Championship Krabi Thailand 2022 1 km Open Water 2022 1st Place, 4TH mpfi Laser run open national Championship Laser Run 2021 1st Place, 5TH mpfi Laser run open national Championship Laser Run 2022 2nd place, 11th Modern Pentathlon national championships Biathle 2022 1st Place, 11th Modern Pentathlon national championships Triathle 2022 2nd place, 12th Modern Pentathlon national championships Triathle 2023 2nd place, 12th Modern Pentathlon national championships Biathle 2023 1st Place, Maharashtra State Amateur Aquatic Association 1 km Open Water 2023 2nd place, Kolhapur Run 24th April (time 2h 6M 14S) 21 KM 2022 4th place, Maharashtra State Amateur Aquatic Association Sindhudurg 1 km Open Water 2023 5th place, Shree Durgamata kala Krida and Sanskrutik Mandal Vijaydurg 1 km Open Water 2022 1st Place

I give credit of my success to: My Coach Neelkanth Akhade Sir



MEENAKSHI PAHUJA